

Joke in the Spoke

My wife said: "Watcha doing today?" – I said: "Nothing"
She said: "You did that yesterday" – I said: I wasn't finished"



CALMNESS IN OUR LIVES

I am passing this on to you because it definitely works, and we could all use a little more calmness in our lives.

By following the simple advice heard on the Dr. Phil show, you too can find inner peace.

Dr Phil proclaimed, "The way to achieve inner peace is to finish all the things you have started and have never finished."

So, I looked around my house to see all the things I started and hadn't finished, and before leaving the house this morning,

I finished off a bottle of White Zinfandel, a bottle of Bailey's Irish Cream, a package of Oreos, the remainder of my old Prozac prescription, the rest of the cheesecake, some Doritos, and a box of chocolates.

You have no idea how freaking good I feel right now – a lovely way to find inner peace!



A little old lady was walking down the street dragging two large plastic garbage bags behind her. One of the bags ripped, and every once in a while a \$20 bill fell out onto the sidewalk.

Noticing this, a policeman stops her, and says, "Ma'am, there are \$20 bills falling out of your bag."

"Oh, really? Darn!" said the little old lady. "I'd better go back, and see if I can find them. Thanks for telling me."

"Well, now, not so fast," says the cop.

"How did you get all that money? You didn't steal it, did you?"

"Oh, no", said the little old lady. "You see, my back yard is right next to the football stadium parking lot. On game days, a lot of fans come and pee through the fence into my flower garden.

So, I stand behind the fence with my hedge clippers. Each time some guy sticks his business through the fence, I say, '\$20 or off it comes'. "Well, that seems only fair" laughs the cop. "OK. Good luck! Oh, by the way, what's in the other bag?"

"Well, you know", "not everybody pays".

Food for thought

Dolphins are so smart that within a few weeks of captivity, they can train people to stand on the very edge of the pool and throw them fish!



Every interaction with a new person can be a golden opportunity for a new networking connection.

When connecting: explore for commonalities, show genuine interest, look for common values and goals, ask open-ended questions.



George Bernard Shaw said, "People are always blaming their circumstances for what they are. I don't believe in circumstances. The people who get on in this world are the people who get up and look for the circumstances they want, and if they can't find them, they make them."



I suppose leadership at one time meant muscles; but today it means getting along with people.

~ Indira Gandhi

Weekly Duties

	May 21	May 28	June 4
Meeting	Classification talk	Dunnottar Lunch, The Warf	Business
Greeters	Chester Cyril L	-	John Joe
Prize	PEDRO	-	ANTHONY

If you can't make it as above, tell Birgitta ASAP!

Website: rotary.4t.com



Club Officers

President	Charlie Serieux
Vice President	PP Digby Ambris
President Elect	Tim Moffat
Immediate PP	Deb Bhattacharji (absent)
Club Secretary	Leo Harrigan
Treasurer	Andre Cherebin
Sergeant@Arms	Doddy Francis

Service Committee Directors

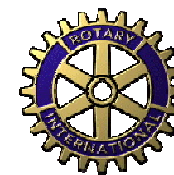
Club	Birgitta Hermansson
Community	Paul Lambert
International	Leevie Herrelle
Vocational	Ramesh Sinanan
Membership	Malcolm Charles
P. R.O.	PP Azmina Long

The Spoke Editor

Rtn. Birgitta, who would be happy to receive your weekly contributions or suggestions; e-mail to birgitta@candw.lc.

If you want the Spoke, feed the Spoke!

The Rotary Club of Saint Lucia



Weekly Bulletin

"The Spoke"

May 21, 2010



The 4-Way Test

Of the things we think, say or do:

- 1. Is it the **TRUTH**?*
- 2. Is it **FAIR** to all concerned?*
- 3. Will it build **GOODWILL** and better **FRIENDSHIPS**?*
- 4. Will it be **BENEFICIAL** to all concerned?*

Wear your Rotary Pin with Pride!!!!



Next to the Last Meeting was May7.

We had one Visiting Rotarian, and four guests.



The VR was **Anthony Shaw** from RC Barbados.

Three of our guests this day were brought by **Tim, Samantha Gordon** from St.Lucia/T&T, who has been with us a few times already, and



Renee and Evena Boatswain from Trinidad.

The fourth guest came with Albert and that was **Ian Mitchell**, St.Lucia, who we also met last week.



It was a Business meeting, and after due introductions the Directors of the Board gave their monthly reports.

Award given

Then, **Malcolm** had an award to give away to Assistant Governor **John Douglas**, a beautiful 'golden' plaque with the text: "**Assistant Governor PP John Douglas**

In grateful recognition of outstanding and dedicated service to District 7030 and Rotary International Rotary Year 2009-2010", signed Georges Nouh-Chaia.



Most of us remember the friendly DG Nouh-Chaia from November 2008, when he visited us and gave us an interesting picture of what it was like to be a DG. After the unfortunate death of DG Astra in autumn 2009, Rtn. Georges again shouldered the robe of DG, for 2009-10.

Ta have an after-meeting

has almost become a must, at least for some of us. That is really Fellowship! You talk about everything and nothing, get to know each other in another way. Doddy and many others used the opportunity this Friday to add some extra fellowship feeling to the day!



Next Meeting, the week after, was May12.

A Wednesday??? Well, this was cricket week in St.Lucia and as well Tuesday (Gros Islet meeting day) as Friday (our meeting day) had big and important cricket matches.



So, GI's PP **Lisle Chase** and PE **June Harkness** came with the idea that we could have a joint meeting instead of two very sparsely visited ones. **Wednesday** was a good solution, no cricket. And we all met at the Pier at the Halcyon. This



gave the cricket fans among us a great opportunity to go to the cricket semifinals on Friday and still not miss a meeting! - We had, actually, an astonishingly good "population" at the meeting, from us there were 26 members present, a good 62%, from Gros Islet 12, and from VF 2. We also had five guests, including the Speaker **Tom Telfer** and his wife **Hazel** from London, Canada (YES!), guests of PE **June** and the GI Club.



No pictures of all the visiting Rotarians from our sister clubs, but there were from Gros Islet Pres. **Judy**, PE **June**, **Lisle**, **Sue** and **Brian Reed**, **Ken Lalsingh**, **Jonathan Everett**, **Maria Thom**, **Bernard Rattray**, **Kevin Snaggs**, **Vernita Bruce** and **Jenny** and **Veronica Cenac**, and From Vieux Fort there were **Louis Newman** and **Jeff Gunvalson**.



Jenny from GI brought a guest, **Ian Harris**, >>> and **Leathon** and **Tony** brought their daughters << **Leasha** and **Jenna** >> respectively. After lunch The



Chairman of



the day, **AG John**, invited **June** to introduce the Speaker **Tom Telfer**. A very nice presentation of a man who has really devoted his life to doing good for others.



We got a long and very interesting description of Tom's trip for The Rotary Foundation to Africa, helping 'hands on' to really eradicate polio. He gave us touching stories, funny stories, and enlightening stories about Rotary's work on the field where he a.o. volunteered to serve in a National Immunization Day in Africa, right in the center of the fight against polio.

The thanks for the speech was given by Rtn **Chester** and as Tom is a Barber shop singer June had found the perfect gift for him:



The CD of the Calabashers, where they a.o. sing about all the good things that Rotary brings to the world (song written and composed by **Malcolm!**)



Tom responded by thanking all and especially the GI Club and there especially **June** who suggested this meeting and of course Pres. **Judy**. The two ladies were given some very Canadian "necklaces" for keys, phones, jump drives, or whatever you want to hang in it.

Award again

AG John had for **President Judy** a Diploma from the District Governor to the Gros Islet club in recognition for having achieved the goals of the District in 2009-2010.



Visitors from South

As we don't very often see guests from our sister club in VF, here are the two visitors this time:

Jeff Gunvalson and **Lois Newman**

Welcome back some other time!



Next week's meeting

will be very different, we are at the Wharf and have the yearly lunch with the Dunnottar School. The ambiance is always very positive at these lunches, and this is really a very good way to show not only these kids but the whole community that Rotary and Rotarians CAN and WILL make a difference! Please try to come, it is worth every minute!

Motor Treasure Hunt

will NOT be on May 30 as said before – for a number of reasons it will have to be postponed to the next Rotary year.

Plans for future meetings

(Committee Meetings excluded)
 May 21 - Fellowship Meeting
 May 28 - **Dunnotar lunch**
 June 1 - Board Meeting
 June 4 - Business Meeting
 June 5 - **Doctors in Action**

Birthdays within this month

NONE in May, but in June we even have two the same day:

June 2 - Paul Lambert
 June 14 - Kerchelle JnCharles

AND

June 14 - Konrad Wagner
 June 23 - Frank Myers

HAPPY BIRTHDAY to you all!

